

## Longstone Primary School RSHP Progression

Please see the <https://rshp.scot> resource for links to lesson plans, activities and resources



	<u>Early Level</u>	<u>First Level</u>	<u>Second Level</u>
<b>Year 1</b>	<p>Year 1 and Year 2 will be taught across the 2 Years at nursery through responsive planning and on-going skills development</p> <ul style="list-style-type: none"> <li>Friends and Friendships: Helping Others</li> </ul>	<ul style="list-style-type: none"> <li>My Body (B1)</li> <li>Keeping Clean (B1/B4)</li> <li>Privacy (B1/B4)</li> <li>People Who Look After Me (B4)</li> </ul>	<ul style="list-style-type: none"> <li>Emotional Wellbeing and Body Image</li> <li>Friends and Friendships</li> <li>Social Media/Popular Culture (B2)</li> <li>My Senses: Things I like/don't like (B1)</li> <li>Consent (KS)</li> </ul> <p>Coverage at a basic level - revisit in P7</p>
<b>Year 2</b>	<ul style="list-style-type: none"> <li>Playing together, Being kind</li> <li>Asking Questions, Making Choices, Saying Yes/ Saying No</li> <li>When I feel sad or upset</li> <li>People who help and look after me</li> </ul>	<ul style="list-style-type: none"> <li>Friends and Friendships</li> <li>Safe and Happy Online (B2)</li> <li>Feelings and Safety (B2)</li> </ul>	<ul style="list-style-type: none"> <li>Love and Relationships (B2)</li> <li>My Body (B2)</li> <li>Menstruation (B2)</li> <li>Sex: How do people have sex/What do they do? (B2)</li> <li>How Human Life Begins, Pregnancy and Birth (B2)</li> <li>How Adults Plan and Prevent a Pregnancy (B2)</li> <li>Being a Parent/ Carer (B2)</li> </ul>
<b>Year 3</b>	<ul style="list-style-type: none"> <li>My body (B6)</li> <li>Unique, similar and different (B6)</li> <li>Personal Space and Privacy (B6)</li> <li>Our families (B3)</li> <li>Looking After Plants and Animals (B2)</li> <li>Pregnancy and Looking After a Baby (B2)</li> </ul>	<ul style="list-style-type: none"> <li>Looking After Plants and Animals (B1/B6)</li> <li>My Family/All our Families are Different (B6)</li> <li>How Human Life Begins, Pregnancy and Birth (B6)</li> <li>Similarity, Diversity and Respect</li> </ul>	<ul style="list-style-type: none"> <li>Understanding Human Sexuality (B4/KM5)</li> <li>A fair and Equal Life for Girls and Boys (B4)</li> <li>Protecting Me/ Abuse and Relationships (KM5)</li> </ul> <p>Revisit the topics from P5</p>

To clarify, each 'Level' is split into 'Stages':

Early Level (Nursery and P1), First Level (P2-P4) and Second Level (P5-P7).

Using the table above, Year 1 in Second Level will be P5, Year 2 is P6 and Year 3 is P7 etc.